

Thursday, January 19, 2023



NEWS FROM The NEST

CONTACTS



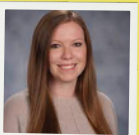
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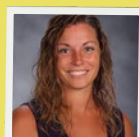
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Many of us begin the year with a New Year's Resolution. I have made a few, one of which is to focus in on being the best parent I can be.

Parenting is a hard, thankless job, while also being one of the greatest and most rewarding opportunities we have. As a parent of a child with anxiety and ADHD, I empathize with the unique struggles many of us face with navigating this challenging world with a child who doesn't respond to 'traditional' or 'typical' parenting strategies (if those even really exist). I recently came across an article from [Positive Parenting Solutions](#) which provided me an opportunity to regroup myself and set some parenting goals to create a positive home environment.



EXECUTIVE FUNCTIONING



We have reviewed in the past weeks what executive functioning is and how a child with executive functioning deficits experiences day-to-day interactions with their environments.

So what do we do with this knowledge? How do we help children of any age strengthen or learn what supports help navigate their day with greater success?

[Pathway 2 Success](#) tackles this very topic in an April 2020 article.

MONTHLY ACTIVITIES

January monthly activity calendar is included on the next page.

January 20: Take a Walk Outside Day

January 29: Puzzle Day. [Here](#) are some printable puzzle ideas

SWALLOW FUN FRIDAY SCHEDULE



January 20: Jersey Day (any sport/team/club)

January 27: Wear your favorite color

COLLABORATION CORNER

Help us, help you! Our team is not only here to help students, we are a resource for you too. If you have a question we can answer?

Click the 'contact us' icon to submit your question or additional support you may need.

CONTACT US



Thursday, January 5, 2023

NEWS FROM The NEST

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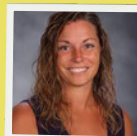
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OTHER ACTIVITIES

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Year's Day: Set reading goals with your students or patrons.	2 Happy Belated Book Birthday to A Bad Case of the Almosts by Janet Sumner Johnson, illustrated by Alexandra Colombo. See how 'almosts' are ruining Abby's life — and how a positive mindset helps her overcome.	3 Happy Book Birthday to The Gorgi and the Queen by Caroline Perry, illustrated by Lydia Corry, and Groundhog Gets It Wrong by Jessica Townes, illustrated by Nicole Miles.	4 Jonathan Stutzman's Birthday: Make this adorable llama birthday card from Craft Box Girls and send it to the author through social media. Llama may destroy the world, but he won't ruin birthdays!	5 Drew Daywalt's Birthday: After reading Daywalt's crayon books, have students write their own story about an inanimate object that quits.	6 The color blue is often associated with winter. Read the Read Across America January selection Blue: A History of the Color as Deep as the Sea and as Wide as the Sky by Nana Ekua Brew-Hammond.	7 Harlem Globetrotters Day: Share a video of these famous ballers breaking world records. Give kids basketballs and challenge them to spin one on their finger or nose!
8 World Typing Day: How many book titles or character names can kids type in one minute? Test them today and at the end of the month to see if they can beat their own score.	9 Thank You Month: Ask kids to write down a different person to thank every day of the month.	10 Save the Eagles Day: These magnificent birds are vulnerable to a variety of threats. Share Beauty and the Hawk: How Science, Technology, and a 3D-Printed Hawk Rescued a Bald Eagle by Deborah Lee Rose and Jane Veltkamp.	11 "There's Snow Better Time to Read." Use this phrase for your January bulletin board, or search Pinterest for other "cool" library ideas to encourage cozy reading.	12 Brain Teaser Month: If it takes six men one hour to dig six holes, how long does it take one man to dig half a hole? Find the answer and more kid-friendly teasers at Squigly's Playhouse .	13 International Skeptics Day: Help kids learn to think critically about the things they hear. Read The Nantucket Sea Monster: A Fake News Story by Darcy Pattison, then talk about questions to ask about the news.	14 Dress Up Your Pet Day: Turn this fun day into an event by having kids dress up a stuffed animal as a book character, then host a pet and book parade!
15 Braille Literacy Month: Read Six Dots: A Story About Louis Braille by Jen Bryant. Use the braille activity sheet from the Library of Congress to give students an opportunity to read and write in braille.	16 Martin Luther King Jr. Day: There's something for everyone, from budding artists to future scientists, on Shannon McClintock Miller's MLK choice board .	17 Happy Book Birthday to Abuela's Super Capa by Ana Siqueira, illustrated by Elisa Chavarri. In this bilingual and multigenerational story, Luis learns about love and loss, and that change is not all that bad.	18 Raymond Briggs's Birthday: After reading his iconic The Snowman , kids can make a fun and easy snowman craft from Fantastic Fun and Learning.	19 Popcorn Day: Grab some popcorn and Tomie dePaola's The Popcorn Book and you are ready to go!	20 Penguin Awareness Day: What is black and white and simply adorable? After a penguin-themed read-aloud, share penguin webcams from around the world.	21 International Creativity Month: Spark imagination and creativity with Going Places by Peter and Paul Reynolds.
22 Try Winter STEM Challenges from Get Caught Engineering.	23 Handwriting Day: Give kids Handwriting Practice Worksheets from studenthandouts.com, then ask them to copy a poem, a song, or a favorite passage from a book in their best handwriting.	24 Compliment Day: Encourage students to compliment each other or to write complimentary notes to others in their life.	25 Opposites Day: Don't have any fun using boring ideas about how to be the same on this dull day not worth celebrating.	26 Library Shelves Day: Have kids take selfies in front of bookshelves. With permission, post them to your school's social media pages. Use #libraryshelves or #libraryshelvesday.	27 Tomorrow is International LEGO® Day, which marks 65 years since the invention of this famous brick. Put out lots of pieces and let the making begin!	28 National Kazoo Day: Books and music are a perfect pair. Share The Duck Who Played the Kazoo by Amy Sklansky and have students make these quick and easy kazoos from Sophie's World.
29 Puzzle Day: Jigsaw puzzles, brain teasers, Breakout EDU... There are so many choices to celebrate Puzzle Day! Start with online jigsaw puzzles from RoomRecess.com.	30 National Hobby Month: Connect with a library from another state or country to compare hobbies — and maybe create some new friendships!	31 Happy Book Birthday to Nell Plants a Tree by Anne Wynter, illustrated by Daniel Miyares, a lyrical picture book about an intergenerational Black family who carefully tends to a pecan tree.	"I remember that winter because it had brought the heaviest snows I had ever seen. It was a magical day ... and it was on that day I made the Snowman." — Raymond Briggs			



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